

Burns

- For severe burns call 911 immediately and do not attempt to remove charred clothing
- For minor burns, soak in cold water until the pain stops
- If the burn covers a large area of the body, apply cool wet dressings to that area
- Do not break any blisters
- Once the pain is subdued, apply antibiotic ointment or first aid gel to the area and bandage
- If necessary, seek medical attention for minor burns.
- For chemical burns, flush the affected area with cool water for 15 minutes
- Use the emergency safety shower for large chemical burns or burns on the trunk and limbs of the body
- Remove all contaminated clothing and accessories
- Seek immediate medical assistance
- Control any bleeding, then thoroughly wash the area with soap and water
- Cover with a sterile bandage and seek medical attention

Animal Bites

- Control any bleeding, then thoroughly wash the area with soap and water
- Do NOT apply medical ointments to the bite wound
- Cover with a sterile bandage and seek medical attention

Biosafety & Occupational Health
UNIVERSITY OF MINNESOTA

A DEPARTMENT OF UNIVERSITY
HEALTH & SAFETY

501 23RD Ave SE
Minneapolis, MN 55455
(612) 626-5008
www.bohd.umn.edu

Important Safety Resources

Police, Fire, and Rescue
Dial 911

HealthPartners Minneapolis Clinic
2001 Blaisdell Ave
Minneapolis, MN 55404
(952) 883-6999

HealthPartners St. Paul Clinic
205 Wabasha St. South
St. Paul, MN 55107
(952) 883-6999


After clinic hours go to nearest
emergency department

www.bohd.umn.edu

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FIRST AID For Laboratory and Research Staff



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General Information

- If you need medical assistance during business hours, please go to HealthPartners for treatment
- Afterhours: Seek medical attention at the closest emergency room
- For all life threatening emergencies call 911
- Report any incidents to your supervisor as soon as possible and fill out the necessary paperwork

Biohazards and Needlesticks

- Exposure occurs when potentially biohazardous materials make contact with the eyes, nose, mouth, or broken skin
- For needlesticks and biohazards exposures, flood the area with water, then clean with an antiseptic
- If splashed in the eye, flush the eyes at the safety eyewash for 15 minutes
- Seek medical attention immediately
- If possible, go to HealthPartners or Fairview for care, to ensure you get the proper preventative medication
- Never recap/reuse needles to minimize your risk of injury

Chemical Burns

- The best defense against chemical exposure is prevention. Carefully read the MSDS before working with an unfamiliar chemical
- Symptoms of chemical exposure are headache, dizziness, throat and respiratory irritation, and drowsiness
- If you are experiencing symptoms, move outdoors or to a well-ventilated area, away from where the suspected exposure occurred
- Seek medical attention
- Close any open containers and move them to the fume hood
- If a chemical spill has occurred, do not attempt to clean it up. Evacuate all personnel from the area, and close the doors the lab
- Call UMPD at 911 and request AHERPS and an emergency responder from DEHS will assist you.

Chemical Splash to Eyes

- Flush the eyes at the safety eyewash for at least 15 minutes
- Remove contact lenses, if you are wearing them
- Seek medical attention

Minor Cuts

- Wash your hands with soap and water before addressing the wound
- Cleanse the wound with soap and water, the pat with clean towel to dry
- Apply antibiotic ointment to the wound and bandage
- Seek medical attention if necessary

Severe Cuts and Bleeding

- Call 911
- Wash your hands with soap and water prior to assisting the victim
- Put on protective gloves before administering help
- Keep the victim lying down or sitting
- With a clean towel or gauze pad, apply direct pressure to the wound
- If an object is lodged into the wound area, do not attempt to remove it
- If possible, keep the wounded area elevated above the victim's heart
- Once the bleeding is controlled, continue to watch the victim for signs of shock
- Thoroughly wash your hands with soap and water, after removing your gloves