Instructions
Bloodborne pathogen exposures require special treatment. At the University, post-exposure care instructions differ between employees and students. Employees are encouraged to visit a provider listed on the Biosafety and Occupational Health Department Clinical Services website, and students are encouraged to visit Instructions for Students that are Exposed to Bloodborne Pathogens.

The following templates are available for printing and distribution to both of these groups, and they include separate instructions for the employees vs. the students. Please ensure you print the appropriate template for each group. Note: The front of both cards differs, but the back is the same.

Printing Service Recommendations
We recommend printing the templates on business cards through University Printing Services.

The templates are on pages 2-4 of this document:
- Pg 2: Employee (FRONT)
- Pg 3: Student (FRONT)
- Pg 4: Employee and Student (BACK)

Questions and Comments:
This resource is a collaboration between Health, Safety, and Risk Management, and Boynton Health. Any comments or questions can be directed to the Biosafety and Occupational Health Department at uohs@umn.edu.
Post-Exposure Care
Instructions for Employees

CLEAN IT: Wash exposed area with antiseptic, or flush exposed eye(s) at eyewash station for 15 minutes

TREAT IT: Locate and visit a clinic in your area, and complete any follow-up care

PATIENT SOURCE ID IT: Testing may be recommended with source patient consent, make sure to follow the processes in place in your workplace

REPORT IT: Tell your supervisor and complete an electronic first report of injury
Post-Exposure Care Instructions for Students

CLEAN IT: Wash exposed area with antiseptic, or flush exposed eye(s) at eyewash station for 15 minutes

REPORT IT: Tell your supervisor/preceptor

TREAT IT: If Boynton is open, proceed to Boynton Urgent Care within 2 hours of exposure. If after hours, seek care per supervisor/preceptor guidance.

PATIENT SOURCE ID IT: Serologic testing may be recommended with source patient consent

FOLLOW-UP WITH IT: Call the Boynton Health BBPE Case Management Team: 612-625-6219
Protect Yourself From Bloodborne Pathogen Exposures

- Plan for safe handling and disposal before using needles
- Dispose of used needles promptly in sharps disposal containers
- Complete required annual bloodborne pathogen training
- Get the Hepatitis B and Tetanus vaccinations
- Report all bloodborne pathogen exposures to your supervisor to ensure appropriate follow-up

Visit the website for more information: