

Bloodborne Pathogen Exposure Program Card Instructions

April 2024



HEALTH, SAFETY,
AND RISK MANAGEMENT

UNIVERSITY OF MINNESOTA

Instructions

Bloodborne pathogen exposures require special treatment. At the University, post-exposure care instructions differ between employees and students. Employees are encouraged to visit a provider listed on the Biosafety and Occupational Health Department [Clinical Services](#) website, and students are encouraged to visit [Instructions for Students that are Exposed to Bloodborne Pathogens](#).

The following templates are available for printing and distribution to both of these groups, and they include separate instructions for the employees vs. the students. **Please ensure you print the appropriate template for each group.** *Note: The front of both cards differs, but the back is the same.*

Printing Service Recommendations

We recommend printing the templates on business cards through [University Printing Services](#).

The templates are on pages 2-4 of this document:

- Pg 2: Employee (FRONT)
- Pg 3: Student (FRONT)
- Pg 4: Employee and Student (BACK)

Questions and Comments:

This resource is a collaboration between Health, Safety, and Risk Management, and Boynton Health. Any comments or questions can be directed to the Biosafety and Occupational Health Department at uohs@umn.edu.



Bloodborne Pathogen Exposure Program

Post-Exposure Care Instructions for Employees

CLEAN IT: *Wash exposed area with antiseptic, or flush exposed eye(s) at eyewash station for 15 minutes*



TREAT IT: *Locate and visit a clinic in your area, and complete any follow-up care*

PATIENT SOURCE ID IT: *Testing may be recommended with source patient consent, make sure to follow the processes in place in your workplace*

REPORT IT: *Tell your supervisor and complete an electronic first report of injury*





Bloodborne Pathogen Exposure Program

Post-Exposure Care Instructions for Students

CLEAN IT: *Wash exposed area with antiseptic, or flush exposed eye(s) at eyewash station for 15 minutes*

REPORT IT: *Tell your supervisor/preceptor*

TREAT IT: *If Boynton is open, proceed to Boynton Urgent Care within 2 hours of exposure. If after hours, seek care per supervisor/preceptor guidance.*

PATIENT SOURCE ID IT: *Serologic testing may be recommended with source patient consent*

FOLLOW-UP WITH IT: *Call the Boynton Health BBPE Case Management Team: 612-625-6219*



Protect Yourself From Bloodborne Pathogen Exposures

- *Plan for safe handling and disposal before using needles*
- *Dispose of used needles promptly in sharps disposal containers*
- *Complete required annual bloodborne pathogen training*
- *Get the Hepatitis B and Tetanus vaccinations*
- *Report all bloodborne pathogen exposures to your supervisor to ensure appropriate follow-up*

Visit the website for more information:

